



## CAREGIVER RESPONSIBILITIES

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Are you interested in volunteering as a caregiver? These examples of caregiving responsibilities can help you think about if volunteering as a caregiver (for example, with children, the elderly, or people with disabilities) is right for you. It is important to choose a volunteer position that you feel comfortable with, as this will have the best outcome not only for you, but also for the beneficiary (the person that you are helping).

You should receive full training from the volunteer organisation in question when working as a caregiver.

#### SUPERVISING EATING

- Following basic hygiene and care rules
- Paying close attention to the beneficiary's correct diet
- Assisting those who need help when eating
- Changing the clothes of the beneficiary when required

#### ASSISTING CAREGIVER PROFESSIONALS

- Assisting other caregivers
- Participating in training and courses available for the position
- Informing the supervisor of any problems
- Listening to the guidance and advice of the specialised professionals for an optimised service

#### PERSONAL CARE

- Creating a pleasant atmosphere for the appropriate physical and psychological development of the beneficiary
- Considering how the caregiver's tone of voice, height, body language, etc. affect interactions with the beneficiary

Developed together with:



VOFAIR, [www.vofair.org](http://www.vofair.org), [contact@vofair.org](mailto:contact@vofair.org)





## CAREGIVER RESPONSIBILITIES

### IMPLEMENTING HYGIENE STANDARDS

- Keeping rooms clean and tidy (including furniture, resources and material)
- Managing the supply and replacement of cleaning products
- Cleaning and washing fabrics such as bedding, clothing, etc.

### MAINTAINING GOOD RELATIONSHIPS WITH THE BENEFICIARY'S FAMILY AND FRIENDS

- Communicating with family members visiting the centre
- Addressing their concerns openly and systematically
- Giving them guidance and answers whenever is possible
- Facilitating communication between the relative and the person in charge

### FIRST AID

- Attending the appropriate First Aid training and maintaining up-to-date with First Aid knowledge
- Ensuring that First Aid materials are fully stocked in case of minor injury
- Caring for minor injuries or accidents suffered by the beneficiary such as falls, cuts, etc.

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